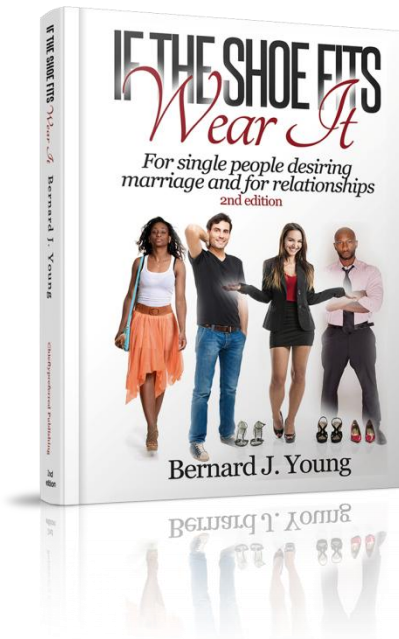


# *Free Preview*



By the Author Bernard J.Young

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# Introduction

In this book *If The Shoe Fits, Wear It*, my main goal is to deal with relationships, to educate single people and those who were divorced and are seeking a second chance at marriage. I also personally want to encourage entertainers and celebrities to make the right decisions and choices when it comes to being married. Everyone in their right mind would love to have a wonderful and successful relationship. To have perfect harmony in marriage is a great thing. But people don't seem to know that in order to have the perfect marriage, you have to go to God for it. Many have tried to do it their way but have failed, and we know this because we can see the way divorce is running rampant. We must remember that only God can give an individual the right mate, because God is the creator and the ONE who planned everyone's life. Before we were born it was already planned out what we should do and who we should marry, but many never find the right mate because they don't seek and they don't wait on God.

This book is not the answer to every reason why people divorce, because people will do what they want regardless, but it will help those who are willing to choose a mate according to the Word of God. Some people just want to cheat—they do not understand the spiritual value of being faithful. Some people divorce because their mate changed physically. Some people get tired of being with the same person for a long length of time, while others chose the wrong mate from the beginning. Then after you pick the wrong mate, it always somehow leads to divorce. There are some who were unfaithful to their partner. While there are some who found out that their husbands or wives were homosexual and sought a partner of the same sex. Some were unfaithful in marriage but they stayed, and changed and worked it out.

One of the most important messages of this book is that if you wait on God to prepare

you and prepare the mate God has for you, that things would be good for you. I'm not saying that you won't have any problems with the right mate that God has given you. Yes, even with the right one, you still will go through some rough times occasionally, but with God in the plan you will be able to deal with the storms that come your way. It's better to have a soul mate that is built for where you are going. Because if he or she is built for where you are going, then they will survive the tough times. Even though it will be hard and trying, they will still last, because God is the one who built them for the journey.

You have to know who you are getting involved with before you hook up with them. You really have to know if they fit where you are going before you say I do. You have to know if God approves of their union with you. You have to know if it is you they love or your things and possessions. You have to know if they love God. You have to know if they have a relationship with God. You have to know if they love you before you walk down the aisle. All these factors are very important for the foundation of a relationship, but many don't consider them before jumping into a relationship. They may consider how the person looks, or how good the sex is, or how much money the person has. These factors are important, too, but they are the wrong factors to base a relationship on.

Take time out and read through this free preview and hopefully and prayerfully seek God's will for a soul mate or the right shoe for your life. I'm not just writing this book to just write a book, I'm writing to help someone make the right decisions about a soul mate. I'm trying to save someone from going through hurt that they don't have to. I do this by teaching what should be done for single people desiring marriage. How we should seek God's advice through His word and through prayer. I am even writing to the divorced who are seeking to be married again; I am writing to widows and widowers who want to give it another try.

This book is based on my real life experiences, how I was kept from making the wrong and foolish decisions concerning my life in marriage. I never was married because God spoke to me and I listened. I will use and share the wisdom that I was blessed with to help others who want to be helped. God will always lead us if we let God. I have been single for a long time. It's not that I wanted to be single or didn't have opportunities, it's just God would not release me to marry anyone.

God kept that door closed so that I would walk in the correct door with the correct one God has for me. There were times when I was close to committing to someone, but God stepped in and showed me reasons why I should not and I listened. For many years I saw people hook up and break up. I saw people hook up and get married and end up getting a divorce. I always wanted to get involved with someone too, because it seemed like God was hooking everybody else up. But the Lord made it plain to me that just because people are getting together, that doesn't mean He was joining them.

If you are not in a relationship, or if you are not married, you too can listen. Even if you are engaged to someone you need to evaluate your relationship and see if the shoe fits. A lot of these things I went through myself. I'm not telling you something that I haven't experienced myself. I know how it feels when you have a lot of feelings for someone, but the Lord tells you, "She's not the right one." God can see down the road. I also know how it feels to be loved by someone when it is hard to let them go. I also know how it feels to be in a sexual relationship with someone who is not your wife, but the sex feels so good and you don't ever want to let that person go.

I know how it feels when the sex is so good that you want to marry the person but they

are the wrong one for your life. I know how it feels to try to force the relationship together and stay together, knowing the person doesn't love you. I know how it feels to feel unloved in a relationship. I know how it feels to be looked over in a relationship, when that person speaks well of everybody else and forgets all about you. I know how it feels to be rejected, trying to get someone you love to love you, someone who will never love you and who was not designed by God to love you.

I also know how it feels to be healed from all these things. I know how it feels to be delivered from someone who would have played you. I also know how it feels to be delivered from someone who you thought loved you. I also know how it feels to be delivered from someone who would have messed your life up later down the road. I know how it feels to be delivered from someone who would have used and abused you too. Like I said, this book is from real life experience. I thought that God didn't think much of me because He didn't let me hook up with who I wanted to hook up with. Little did I know God was saving me from the wrong person and preparing me for the right one. I couldn't see it at the time because all I was thinking about was making me happy. But God wanted me to be happier than I ever thought I could be. The lesson I learned was I can feel good being by myself until He sends the right mate.

Be encouraged.

## Chapter 5

*You need a helpmeet not a hurt meet*

When the person continually abuses you mentally or physically, that relationship is not of God. I know that nobody's perfect, but do they have to make you feel low all the time?

- Do they always have to yell at you and call you stupid?
- Do they always have to call you a b?
- Do they always have to call you a whore?
- Do they always have to call you a dog?
- Do they always have to cheat on you?
- Do they always have to lie?
- Do they always have to flirt with others in your face?
- Do they always have to steal from you?

- Do they always have to bring dishonor to you?
- Do they always have to forget about your birthday?
- Do they always have to forget to do nice things for you?

When you are going through tough times, you need to be careful what you say to your significant other. Sometimes you can say things that will leave deep scars on that person. Yes, they probably will forgive you but it may take a long time for their scars to heal.

## Chapter 7

### *Let It Go*

When we really cherish something and we love someone we may hate to hear the words “let it go.” But sometimes we have to let things go. As we grow, we stop fitting into certain garments that we used to wear and we have to let them go. I can try to wear that shoe of yesterday if I want to, but it won’t fit. If I try to put that shoe on, it won’t go on right. And if it does go on, I won’t be able to walk right. It will also bring a lot of pain too. If I had held on to that baby shoe of yesterday, I would have missed the good shoe of today.

Since this is a book dealing with relationships you should already know where I’m going with this. In order for you to get to the next level sometimes you have to let some things and some people go. Sometimes we know that our ex is no good for us but we still want to go back and sometimes still go back. And we wonder why God has not sent the right one yet. The reason why is because we are trying to take the old into the new.

To be honest, sometimes it’s hard letting things go. And sometimes it’s hard letting go of people you love. You can be so attached to a person or things that letting them go has never crossed your mind. My prayer is that God will always give me the strength and the grace to let go of all those things of the past that are hindering me. .

I meet different women in different situations. Like one time I met this young lady at college, and I got to know her too. Everything was real good. I liked everything about her. I loved the way that she carried herself as a woman. She had a good heart and she was my type. She even dressed the way that I feel a woman should dress, modestly, not showing everything.



The young lady and I started out talking as friends and I grew to like her and she began to like me too. I had a friend at that time that used to tell me, “Bernard, you should marry her because she is wife material.” And she was really wife material to me. I have to admit there were a few that I wanted to be in a relationship with too. But I never committed to them; I wanted to wait on the Lord for the right one. I let them go but it was hard, especially one particular woman because I really liked her. This one I really liked, but she wasn’t loving and sweet. She had a mean spirit. Thank God I was able to let her go.

Don’t get caught up with sex traps. Sex traps can be dangerous to your soul and spirit. A soul tie is when you become intimate with someone and you become joined to them spiritually. There are good soul ties and bad ones. Sex is something that is very enjoyable when it is done in the context of marriage. It is better to be married so that you can have sex with the one God ordained and the one you love. You can also get addicted to sex if you are not careful. If you are married you can get addicted all you want too, but only with your husband or wife. Single people shouldn’t be having sex but sometimes it’s a great struggle.

Don’t let people use you as a sex object. Don’t let them use you only for sex. My brothers, my sisters, go ahead and get bold and just LET IT GO. Always go for what’s best. Don’t play with your emotions like that. You need to decide where the relationship is going.

## Chapter 9

### *BE CAREFUL WHO YOU FALL IN LOVE WITH*



Readers please pay attention to this

You have to be very careful who you fall in love with. We all want to be in love with somebody or we want to be loved by somebody as far as the opposite sex goes. There is nothing wrong with wanting to fall in love. It's just that we need to make sure that it's the right one whom we fall in love with. The love for a significant other can be good if it's done the right way and not the wrong way. It's ok to love a person, but you need to make sure that they love you too. Don't be so blinded by love that you just pick anybody, because you may think you love them. Or you might think they love you. It's very possible for you to have a lot of feelings for someone and they don't have any feelings for you at all. That kind of shoe does not fit. Love is more than words; it's action.

You could put a lot in a relationship because you love someone, but on the other hand the person doesn't really love you so they won't put a lot in the relationship. Even though that

person may not love you, there's something there that they like. It is important for your own protection and mental well-being that you determine what it is in you that they like. In order to do this, you must evaluate what the two of you do the most. If you two spend a lot of time together you have to analyze what you do when you spend that time together.

Now, I'm warning you in advance that this works, so if you are not willing to come out of a relationship where the person doesn't love you, then don't do this. Who knows? Some people don't care if the person doesn't love them; some people are comfortable and happy regardless. But for you who want to know why that person is around you there is something that never fails that you can do to see if this person loves you. I go into full detail in the book. Did you know that there are more than one type of love? There are four types of loves. And they need to be handled right and taught right. By not understanding these four types of loves can lead you to a road of pain and hurt.

# Chapter 11

## *Let God Build It*

Everyone, I believe, wants a strong relationship with their husband or wife. Almost everyone wants to get married and live happily ever after right? Some go to the extent of spending a lot of money on the wedding reception and the honeymoon. There's nothing wrong with spending a lot of money on those things but the problem comes when you do all these things and in six months later you go and get a divorce. I believe one of the reasons why this happens is because of the weak foundations that the marriage was built on.

It's amazing how on the wedding day everybody is looking good and dressed to impress, but weeks later all that was done was done in vain. Some people rent a horse and carriage or an expensive hall. Some pay a lot of money to get celebrities to come and sing and entertain or would you say celebrate the couple. But my question is what is there to celebrate if God didn't build this marriage? You should not wait until you get married to discover that this person is not for you. Or you shouldn't wait until after you get married to find out that you and that person can't get along. All this must be done before you walk down the aisle, or before you say "I do." Only the things that God builds stay together.

## Chapter 13

### *Does color matter?*

You have to ask yourself, “Does color matter to me?” We have to remember that there have always been different colors, races, and nationalities of people who came together to be joined in holy matrimony. And even today there are still different colors, races, and nationalities of people being joined together in holy matrimony. There are some who totally believe that you shouldn’t marry or date outside of the race, and then there are some who believe in just the opposite. It’s up to the individual, with the aid of God, to decide whom they should marry regardless of their color.

Sometimes God will allow two different colors of people to be joined in holy matrimony. In past times mankind has fallen out over a color, when God made us all the color God wanted us to be. There is no superior race or color. The notion of superiority is a lie from the pit of hell. We all bleed the same red blood. It’s just the outside that some have the problem with.

Some of you may be wondering why I would even talk about color in this book, but the issue is important in America today. We have to remember that God knows what He is doing. Someone who is black might be attracted to a white person. Or someone who is white may fall in love with a black person. A Chinese person might fall in love with a Hispanic person or an Indian person. Looking at the big picture, you may be destined to marry a Hispanic woman or man. Or God might have a black man or woman for you, or God might have planned for you to marry a white man or woman. God always knows what God is doing because He is God.

Then again, God might want you to stay with your own race. God does different things for His own purposes and reasons because He is God. Leave God alone. Let God's will be done. Furthermore, you can't stop two people who are different colors from loving each other. God is not trying to stop it, so why are we? And I know that sometimes we see the heavy trials that families and society put on people of different colors who fall in love, but pray for them. Let God show them what to do.

Please remember that I'm not trying to put two different races or colors together; what I'm trying to do is free us from this color thing. Sometimes your dream mate just might be of a different color, or a person of a different race. I know for me personally I like different colors and races. I have no problem just as long as they love God and they treat me well. My family is of many different colors and races. *Somebody who is another color might be the shoe that fits your life or my life.* Color does not matter to me. Race does not matter to me. Age does not matter to me, to a certain extent.

Does race matter to you? Does the shoe fit? If the shoe fits, then wear it. It's just that simple. Don't worry about what people say or think about you. I know this color thing will cause people to fall out and get mad and not want to talk to you anymore. Let them get mad—they'll get over it, at least some of them will. Some people fall in love and forget all about color. That's how we all should be. I'm not trying to hook up different colors of people—I'm just giving it to you raw.

## **Final Remarks**

### *Enjoy your shoe (Soul Mate)*

There's nothing like bringing home a pair of beautiful shoes that you just bought. Now that you have read all these chapters on how to pick the right shoe, or how to get the right shoe that fits, we will talk about enjoying them. Whenever you get the right one who God has for your life you have to enjoy them to the fullest. You have to also do those things so that you will be able to hold onto them and keep them happy. Finding the right mate is one thing, but keeping that mate is another. That is another book that has not been written yet.

You should do everything in your power to make this relationship work because of all that you had to go through to get him or her. Remember, when God gives you a special person don't mess that up. You will be a fool. This relationship should be the best relationship ever because you finally found someone who fits. You didn't get this person by luck but by the divine will of God. God looked down on you and was gracious, so thank God. You should do anything and everything in your power to make this person happy because you were blessed with the right mate from God. Please don't look at him or her as just anybody. Here it is. You finally have your dream mate, so take good care of that mate and never cheat.

God bless you and enjoy.